



ALBANIA ADVENTURE



HIKING HOLIDAYS WITH ZANNA VAN DIJK
IN PARTNERSHIP WITH **INTREPID TRAVEL**

Our Travel Style

Our global network of local experts deliver the types of experiences that can't be Googled. Immersive trips that enable you to explore authentic local culture in a sustainable, experience-rich way. We love the highlights, but the real magic for us happens well away from a beaten path, the real life experiences you won't find in a search engine.

Zanna Van Dijk - Albania Hiking Tour 9 days/ 8 nights

About Your Trip

Start Location

Tirana, Albania

Finish Location

Tirana, Albania

Accommodation

Hotel 5 nights

Guesthouse 3 nights

Rooming Requirements

Single bedroom

Twin share

Included Meals

Breakfast (8)

Lunch (1)

Dinner (3)

Transport

Private vehicle

Leader/Guide

1 English speaking tour leader throughout.

Included Activities

Per Daily itinerary

Entrance/Admission Fees

Where applicable with included activities

Airport Transfers

Arrival and departure transfers are included on a group basis.

Please note: only one transfer will be booked for the group based on the arrival time of Zanna's flights. If you are arriving/departing on the same flight as Zanna - you will be booked on the group transfer. Any flights out of these times, you will need to make your own way from/to the airport.

We can organise these separate transfers at an additional cost.

Support

24-hour support from our local office

Exclusions

- International Flights
- Any visas required
- Services not mentioned in the itinerary
- Late check out at hotels
- Meals and drinks not mentioned in the itinerary
- Drinks with included lunches and dinners
- Tips for leaders, guide and driver
- Expenditure of personal nature
- Personal Insurance
- Optional activities

Safe and responsible travel, always.

As you look to get back on the road, we continue to ensure our trips are safe for everyone. That includes our travellers, our leaders and crew and the people we visit along the way. Our health and safety policies follow recommendations from the World Health Organization and the World Travel & Tourism Council's (WTTC) Safe Travel protocols for tour operators. Before we resume trips in any destination, our itineraries undergo a comprehensive risk assessment and audit, while leaders and suppliers will complete COVID-19 health and safety training. We have also introduced specific policies around testing and vaccination for your safety.



Who we are

For over 30 years we've been taking travellers around the globe, on small group tours with like-minded Intrepid people. Our extensive COVID-19 Health & Safety Guidelines ensure your wellbeing is looked after during your travels.



Safe travels

We're with you every step of the way through our value chain - from our suppliers, to our on ground operations and leaders.



Certified B Corp

When we became certified as the world's largest travel B Corp in 2018, it was not only our official pledge to be a responsible business, but also a promise to be the best travel company for the world.

About your Tour Leader

Driver:

On this trip you will have a driver/s accompany you throughout your trip with no tour leader included. Your driver/s will be there to:

- Answer questions and provide information on your surroundings
- Point out key information e.g. where to find an ATM, local etiquette

Your driver will not accompany you into sites or provide the same services as a full time tour leader or guide. Having a driver provides a more independent style of travel and takes the hassle out of booking all of your services prior to travelling. Please note in some countries drivers will not speak English or may have a basic level of English.

Local Guide & Tour Leader

On this trip you will be accompanied by one of our tour leaders. The aim of the tour leader is to take the hassle out of your travels and to help you have the best trip possible. Your leader will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the places visited on the trip, including historical, cultural, religious and social aspects.

In addition to your tour leader, for certain inclusions you will be accompanied by a local guide. A local guide has specialised knowledge of a site or location you are visiting. If there is a local guide provided for a particular activity,

this will be listed in your day by day itinerary.

Zanna Van Dijk - Albania Hiking Tour Itinerary

Day 1 - 12th of July 2024

Destination: Tirana

Meals Included: Dinner

Welcome to Tirana, Albania! Your adventure starts with a 6pm welcome meeting, during which you'll have the opportunity to meet your local guide and fellow travellers who will be accompanying you on this journey. If you arrive early, you might want to explore the capital city of Albania by taking a leisurely walk and enjoying the sights, including the mosque, citadels, Ottoman architecture, and various museums. Tirana is a vibrant and colourful city, boasting numerous public squares and charming cafes just waiting to be discovered.

Following the welcome meeting, you can choose to bond with your fellow group members by participating in an optional dinner where you can savour the flavours of Albanian cuisine.

Included Activities

- Tirana – Welcome Meeting

Arrival transfer

- Included

Accommodation

Hotel Capital (Standard room) or similar

Day 2 - 13th of July 2024

Destination: Shkoder / Theth

Meals Included: Breakfast

On the second day of your Albanian adventure, you'll travel from Tirana to Shkodër, with a brief stop to explore the town. Continuing your journey, you'll head towards Theth. After settling in, prepare for an exhilarating hike to the Theth Waterfall. The Theth Waterfall hike takes you through breathtaking landscapes, with the sound of cascading water as your companion. The trail winds through picturesque terrain, offering a blend of natural beauty and tranquility. As you follow the path, you'll be rewarded with stunning views of the waterfall, creating a memorable experience surrounded by the pristine wilderness of Theth. This day seamlessly combines cultural exploration in Shkodër with the enchanting adventure of the Theth Waterfall hike.

Included Activities

- Theth Waterfall Visit – Hike Wasserfall bei Theth – Thethi Waterfall loop from Theth | hike | Komoot

Hike Information

Time needed: approx.. 03 h 50 min

Distance: 9.5 km

Average speed: approx.. 2.4 km/h

Uphill: 420 m

Downhill: 420 m

Special Information

Today's travel time is approximately 4 hours and 15 minutes (excluding stops).

Accommodation

Bujtina Migesia (Standard Room) or similar

Day 3 - 14th of July 2024

Destination: Theth / Valbona

Meals Included: Breakfast

On the third day of the trip, prepare yourself for an exciting but quite challenging hike from Theth to Valbona. This adventure will take you on a journey through the rugged terrain and lush landscapes surrounding Albania's National Park. This hike promises not only breathtaking views but also an opportunity to connect with the pristine Albanian wilderness. Lace up your hiking boots, be ready for a day of exploration and outdoor adventure, and keep in mind that this hike presents a considerable challenge.

Included Activities

· Theth to Valbona – Hike with Mountain Guide

Hike Information

Time needed: approx.. 06 h 37 min

Distance: 13.8 km

Average speed: approx.. 2.07 km/h

Uphill: 1070 m

Downhill: 800 m

Accommodation

Vila Dini Homestay (Standard Room) or similar

Day 4 - 15th of July 2024

Destination: Koman / Tshala River

Meals Included: Breakfast, Lunch, Dinner

Today you will head to the Komani Lake where a boat will wait for you and take you to the Tshala River (Lumi i Shales). While traveling to your accommodation you will enjoy a remarkable scene of canyons that surround the Tshala River. After getting yourself comfortable in the rooms, head out to the guesthouse's private beach and enjoy a day of kayaking and other water activities in the beautiful nature that makes Tshala River one of the most spectacular places in Albania.

Included Activities

· Tshala River Kayaking

Accommodation

Neomalsore Guesthouse (Standard Room) or similar

Day 5 - 16th of July 2024

Destination: Tirana

Meals Included: Breakfast

Today, you will go on a wonderful hike to the Molla Village. Enjoy a nice and relaxed hike surrounded by beautiful scenery. Exploring the small valley that defines the landscape of Molla e Shoshit offers a journey back in time, providing insights into the challenges of the isolated life that inhabitants endured in the recent past. Later, you will embark on the journey back to Tirana to recharge your batteries and stock up on necessities for the second part of your adventure.

Included Activities

· Molla Village Tour - Molla e Shoshit Village

Accommodation

Hotel Capital (Standard room) or similar

Day 6 - 17th of July 2024

Destination: Dhermi / Llogara National Park

Meals Included: Breakfast

Today, you'll be transitioning from urbanized Tirana to the coastal paradise of Dhermi. This transfer will take you from the tranquil mountains to the stunning shores of the Albanian Riviera, where you can look forward to a change in scenery and a whole new set of experiences. Enjoy the scenic drive and anticipate the coastal adventures that await you in Dhermi. On arrival, prepare yourself for a trip to the Llogara National Park, where a new hike with stunning surroundings awaits you.

Included Activities

- Llogara National Park – Hike

Hike Information

Time needed: approx.. 03 h 06 min

Distance: 7.6 km

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Average speed: approx.. 2.5 km/h

Uphill: 380 m

Downhill: 380 m

Special Information

Today's travel time is approximately 5 hours and 15 minutes (excluding stops).

Accommodation

La Maroja View (Standard Room) or similar

Day 7 - 18th of July 2024

Destination: Dhermi

Meals Included: Breakfast

Today you'll embark on an exhilarating yet challenging loop hike that promises breathtaking viewpoints overlooking both the sparkling sea and the mesmerizing canyon. This hike will offer you the opportunity to witness the contrasting beauty of the Albanian Riviera's coastline and the rugged canyon terrain. Be prepared for a day filled with stunning vistas and memorable moments, all while tackling the challenges that come with navigating this captivating natural landscape.

Included Activities

- Dhermi Canyon Viewpoint – Hike with Mountain Guide

Hike Information

Time needed: approx.. 04 h 53 min

Distance: 16.1 km

Average speed: approx.. 3.2 km/h

Uphill: 540 m

Downhill: 540 m

Accommodation

La Maroja View (Standard Room) or similar

Day 8 - 19th of July 2024

Destination: Gjirokaster / Blue Eye Spring / Tirana

Meals Included: Breakfast and Farewell Dinner

On Day 8 of your journey through Albania, you'll embark on a captivating adventure. You'll depart from the charming coastal town of Dhermi and make your way to the historical gem of Gjirokaster. In Gjirokaster, you'll have the privilege of a local guide accompanying you, enriching your experience with insights into the town's rich history and culture. Your day's highlights include a visit to the enchanting Blue Eye Spring where you will be enjoy a hike. The Blue Eye Spring is renowned for its striking azure waters. After the visit to this natural paradise, a tour of the Gjirokaster Fortress awaits you. The Gjirokaster Fortress is an iconic historical site, offering panoramic views of the town and steeped in centuries of history. After a day of exploration, you'll return to Tirana, where you'll find comfort and rest for the night.

Included Activities

- Gjirokaster – Fortress Visit
- Gjirokaster – Tour with Local Guide
- Blue Eye Spring – Visit and Hike

Hike Information

Time needed: approx.. 01 h 10 min

Distance: 4.34 km

Average speed: approx.. 3.7 km/h

Uphill: 60 m

Downhill: 60 m

Special Information

Today's travel time is approximately 6 hours and 20 minutes (excluding stops).

Accommodation

Hotel Capital (Standard room) or similar

Day 9 - 20th of July 2024

Destination: Tirana

Meals Included: Breakfast

There are no activities planned for the day and you are free to leave the accommodation at check-out time.

Arrival transfer

- Included

- END OF ITINERARY -

Essential Trip Information

Passports, visas and entry requirements

PASSPORT

You'll need a valid passport to travel internationally and most countries require your passport to have a minimum of 6 months validity, so remember to check the expiry date.

We need your passport information to get everything ready for your trip so it's important that the information on your booking matches your passport exactly. Please take care to provide the correct details. We recommend carrying a copy of the photo page of your passport while travelling and leaving a copy at home with family or friends.

VISAS & ENTRY REQUIREMENTS

Many countries require a visa and obtaining the correct visa for your trip and any countries you may transit through is your responsibility. We recommend you check your visa requirements as soon as you have booked your trip. This will ensure you have time to prepare your documents and for your visa application to be processed. You can check the entry requirements for your nationality on your government's foreign travel advisories, consular websites or on our page here: <http://www.intrepidtravel.com/visa-entry-requirements>

Medical and health information

GENERAL HEALTH

All travellers need to be in good physical health in order to participate fully on this trip. For the safety and wellbeing of yourself and others, if you are unwell prior to travelling, please stay at home and contact us to make alternative arrangements.

When selecting your trip please make sure you have read through the itinerary carefully and assess your ability to manage and enjoy our style of travel. Please note that if in the assessment of our group leader or local representative a traveller is unable to complete the itinerary without undue risk to themselves and/or the rest of the group, we reserve the right to exclude them from all or part of a trip without refund.

You should consult your doctor for up-to-date medical travel information or for any necessary vaccinations before departure. We recommend that you carry a first aid kit as well as any personal medical requirements in their original packaging as they may not easily be obtained while travelling. If you are carrying medication, ensure you check your government's foreign travel advice for any local restrictions or requirements.

Food and dietary requirements

While travelling with us you'll experience the vast array of wonderful food available in the world. Your group leader will be able to suggest restaurants to try during your trip. To give you maximum flexibility in deciding where, what and with whom to eat, generally not all meals are included in the trip price. This also gives you more budgeting

flexibility. As a rule our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There's no obligation to do this though.

BREAKFASTS

There are some continental breakfasts included on this trip which may simply include bread/toast or pastries, butter, jam, coffee/tea/juice (or similar).

VEGETARIANS

Vegetarians might find the menu selection in Europe less varied than they would see at home. Vegetarianism is not as common in this region and generally the choices are basic, involving vegetables, soups, salads, bread, cheese, fruit, yoghurt, eggs etc. Vegans and those on gluten-free diets may find this region very challenging and may need to supplement meals with their own supplies from supermarkets and markets. Wherever possible we will cater for dietary needs for any included meals, but there may be times when those with special requirements may need to provide their own.

The style of accommodation indicated in the day-to-day itinerary is a guideline only and may change. On some occasions, alternative arrangements may need to be made due to the lack of availability of rooms in our preferred accommodation. In these cases, we will use a similar standard of accommodation.

Throughout the trip, we request that our properties prepare rooms in time for our arrival, especially if we're arriving prior to normal check-in time. However, this isn't always possible which means we won't be able to check-in immediately on arrival at some hotels. Instead, we can store our luggage and explore our new destination or on some trips, have use of shared day rooms until all rooms are available.

OCCASIONAL ALTERNATIVE ACCOMMODATION

The style of accommodation indicated in the day-to-day itinerary is a guideline. On rare occasions, alternative arrangements may need to be made due to the lack of availability of rooms in our usual accommodation. A similar standard of accommodation will be used in these instances.

TWIN SHARE BASIS

Accommodation on this trip is on a twin/multishare basis. We pair up solo travellers with another traveller of the same gender as per the gender marker on each of their passports. Please note there may be times where facilities will be shared rather than ensuite and rare occasions when you share a room with passengers travelling on different Intrepid trips than your own.

CHECK-IN TIME

Throughout the trip we request that our hotels prepare rooms in time for our arrival, especially if we're arriving prior to normal check-in time. However this isn't always possible which means we won't be able to check-in immediately on arrival at some hotels. Instead, we can store our luggage and explore our new destination.

FACILITIES

Your accommodation may not always have private en suite facilities or air-conditioning. European hotels generally don't provide kettles or fridges.

Transport

Private vehicle, Ferry

TRANSPORT IN EUROPE

Half the fun of travel is the travelling itself, that's why we like to travel the local way – whether that means mingling with commuters on a local train, watching the scenery roll by from the window of a long distance bus, arriving on a high speed train in the city centre of your next destination, or navigating each city's public transport system. In Europe, you are guaranteed to travel by genuine local public transport wherever possible, which puts you right in the centre of the action.

PRIVATE VEHICLES

All sections of this trip are travelled by private transport. Our vehicles are locally sourced, comfortable and mostly air conditioned, which makes travelling enjoyable. On some days we will be covering long distances, which will make these days feel longer, however spectacular views and interesting stops along the way make up for it.

Money matters

SPENDING MONEY

When it comes to spending money on the trip, every traveller is a little different. You know your spending habits better than we do, so please budget an appropriate amount for things like optional meals, drinks, shopping, optional activities, and laundry. Make sure you have read the itinerary and inclusions thoroughly so you know what is included in the trip price and what you may need to pay for while travelling.

CONTINGENCY FUNDS

We try to plan for every eventuality, but there are still some things beyond our control. We reserve the right to change an itinerary after departure due to local circumstances or a Force Majeure Event. In such emergency circumstances, the additional cost of any necessary itinerary alterations will be covered by you. Please note we are not responsible for any incidental expenses that may be incurred as a result of the change of itineraries including but not limited to visas, vaccinations or non-refundable flights. Make sure you have access to an extra US\$500 for emergencies (e.g. severe weather, natural disasters, civil unrest) or other events that result in unavoidable changes to the itinerary (e.g. transport strikes or cancellations, airport closures). Sometimes these things necessitate last-minute changes to enable our trips to continue to run, and as a result, there may be some extra costs involved. The recommended amount is listed in USD for the relatability of universal travellers, however, local currency may be needed once in the country to cover these costs.

CASH

You can use your credit/debit card in ATMs, which are common throughout Europe. Before leaving home, check if your bank will charge fees for using your card internationally. Card payments are not always accepted in stores and restaurants. We recommend you carry some cash for these purposes.

CURRENCY

From January 2023 Croatia uses Euro (EUR) as official currency. The local currency of Bosnia & Herzegovina is the Bosnian Convertible Mark (BAM), Montenegro has adopted the common currency of the European Union, the Euro (EUR), even though they are not a member of the EU and Albania uses Albanian Lek (ALL).

YOUR GROUP LEADER OR LOCAL REPRESENTATIVE

You may consider tipping your group leader or local representative for outstanding service throughout your trip. The amount is entirely a personal preference however as a guideline 4-7 USD or EUR per person (in a currency relevant to your destination), per day can be used. Of course, you are free to tip more or less as you see fit, depending on your perception of service quality and the length and involvement of your group leader or local representative on your trip.

Packing

As well as your underwear, toothbrush and other items you always need to pack for travel, below are some items that you specifically need for this trip.

<https://www.intrepidtravel.com/packing-list>

MAIN LUGGAGE

You need to bring your main piece of luggage as well as a small to medium backpack for day's walks (20-25 litres). One with waist strap would be most comfortable for all included walks

ESSENTIALS

- Day pack: for carrying essentials during activities
- Trekking clothing: A mixture covering lightweight clothing and some warm layers is recommended. Your activities will take place in the outdoors, where weather may change quickly. Lightweight, comfortable, and quick drying clothes for the activities are best. Laundry facilities may not be available on every day basis, so make sure you have a few cycles of clothes.
- Hiking boots with a good grip, ankle support and waterproof membrane that are comfortable to walk for an entire day
- Walking Poles for support on steep uphill sections and longer descents
- Comfortable shoes for shorter beach walks or evenings spend around accommodation
- Sport sandals
- Light jacket, fleece and base layers
- Wind and waterproof jacket
- Breathable, non-cotton hiking t-shirts
- Long hiking pants or zip-offs
- Nylon hiking shorts
- Water bottle or bladder: you will need water during activities and it's best to avoid buying unnecessary plastic.

- Sun protection: sunscreen, sunglasses, sunhat or bandana
- Torch/flashlight/headtorch
- Toiletries

RECOMMENDED

- Personal medical kit. A larger kit will be on hand with your leader, but we recommend you carry items such as mild pain killers, antihistamine tablets and any personal medication you may need
- Ear plugs & eye mask
- Walking poles for longer walks and uneven terrain
- Camera with spare batteries/power bank: You will have access to power to recharge your electrical items daily
- Travel eco-friendly wipes/hand sanitizer

OPTIONAL

- Swimwear
- A good book, a journal and music player

VALUABLES

Please try to avoid bringing unnecessary valuables. It's also recommended to bring a copy of all important documents e.g. air tickets, passport, vaccination certificate, etc. and keep the copies separate from the originals. While not valid, a photocopy makes it very much easier to obtain replacements if necessary. If you need some further tips for packing, you can always check out our ultimate packing list.

WATER BOTTLE

Please bring your own water bottle to refill along the way. The sale of bottled water contributes to an enormous environmental problem around the world. In addition to the water in bottles, the production of a 1 litre plastic bottle takes 2 litres of water and 200ml of oil. A large proportion end up in limited landfill or discarded in waterways and natural environments.

Climate and seasonal information

SUMMER

Summer temperatures can be extreme in many of the regions visited (over 40°C/104°F), which can be uncomfortable. It's important to use sun protection and drink plenty of water. Please carefully consider the time of the year you wish to travel and your suitability to that season.

SHOULDER SEASON

In contrast, weather in shoulder season can be unpredictable, and snow is not unheard of at higher altitudes. If you travel at the start or towards the end of the European season please pack accordingly with warm and/or waterproof

clothes (preferably layers). The advantage of travelling during this time is that there are less tourists around.

Group Leader

All Intrepid group trips in Europe are accompanied by one of our local European group leaders. 'Local' in this context means a leader who is European or lives in Europe. The aim of the group leader is to take the hassle out of your travels and to help you have the best trip possible. Intrepid endeavours to provide the services of an experienced leader however, due to the seasonality of travel, rare situations may arise where your leader is new to a particular region or training other group leaders. Your leader takes care of logistics, will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the places visited on the trip, including historical, cultural, religious and social aspects.

At Intrepid we also aim to support local guides in the individual cities or locations we travel to. If you are interested in delving deeper into the local culture at a specific site or location then your leader can recommend an optional local guide service in most of the main destinations of your trip.

Safety

Most national governments provide regularly updated foreign travel advice on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure and ensure that your travel insurance covers you for all destinations and activities on your trip. Please refer to our website's safety page for links to major travel advisories and updates on safety issues affecting our trips here: <https://www.intrepidtravel.com/travel-alerts>

We strongly recommend the use of a neck wallet or money belt while travelling, for the safe-keeping of your passport, flight tickets, cash and other valuable items. Leave your jewellery at home - you won't need it while travelling. Many of our hotels have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage.

Your group leader or local representative will accompany you on all included activities, however, during your trip you'll have some free time to pursue your own interests or relax and take it easy. While your group leader or local representative will assist you with the available options in a given location, please note that any optional activities you undertake are not part of your Intrepid itinerary, and Intrepid makes no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Please also note that your group leader or local representative has the authority to amend or cancel any part of the trip itinerary if it's deemed necessary due to safety concerns.

Intrepid's operational safety policies can be viewed on our website at the link below. We recommend that you take a moment to read through this information before travelling, and would appreciate any feedback on how safety is being managed on our trips.

<https://www.intrepidtravel.com/safety-guidelines>

PETTY THEFT AND PERSONAL SAFETY

While travelling there is always the risk of pick-pocketing and petty theft, particularly in the more touristy cities. We recommend that you exercise caution when walking alone at night and encourage you to walk together and only on main, well-lit thoroughfares. Be particularly vigilant on public transport. Simple measures like carrying your day pack on your front, not hanging your bag over the back of your chair or on the floor and wearing a money belt will reduce any chance that your valuables should go missing.

FIRE PRECAUTIONS:

Please be aware that local laws governing tourism facilities in this region differ from those in your home country and not all the accommodation which we use has a fire exit, fire extinguishers or smoke alarms.

SCAMS

Common scams operating in Europe include ploys to get you fined on the metro without a validated ticket. Ensure that you always travel with a validated ticket (have your ticket stamped). Another common scam is used by children who distract you with a map or a newspaper and while you are attending to them, steal your valuables. You may also come across players offering you to participate in the so-called "shell game". This is a scam and you will most certainly lose your money.

SEAT BELTS:

Please be aware that local laws governing transportation safety may differ from those in your home country and not all the transport which we use is able to provide seat belts.

TRAFFIC AND DRIVING ON THE OTHER SIDE OF THE ROAD:

Depending on where you come from please note that drivers in this part of the world may drive on the opposite side of the road from what you are used to. Look both ways before crossing any road. Traffic can be a little more chaotic than you might be used to at home. Be aware!

A couple of rules

We like to think our Intrepid travellers are all connected by a love of adventure and passion for seeing the world in a different way. We've laid down a few non-negotiable rules to ensure everyone feels connected, comfortable and safe on our trips.

We ask that you respect your fellow travellers, group leader or local representative, and local people and places we visit in all circumstances. We don't tolerate any forms of violence and expect that you follow the local laws, customs and regulations in any destination we travel to. Any behaviour contrary to the above, including any behaviour that prevents our staff from performing their duty of care or continuing the itinerary as planned, may result in travellers being removed from the trip.

If you consume alcohol while travelling, we encourage responsible drinking and expect you to abide by local alcohol laws.

To ensure the well-being of everyone on the trip, all decisions made by group leaders or local representatives and ground staff are final.

Romantic relationships between travellers and group leader or local representative are not permitted while on trip.

By travelling with us, you agree to comply with these rules and the laws and customs of all countries visited.

If something is concerning you during your travels with us, please speak to your group leader or local representative immediately. Alternatively, contact us on the emergency contact number detailed in your Essential Trip Information's Problems and Emergency Contact section.

Travelling on a group trip

As you travel on a group trip you will be exposed to all the pleasures and maybe some of the frustrations of travelling in a group. Your fellow travellers will probably come from all corners of the world and likely a range of age groups too. We ask you to be understanding of the various needs and preferences of your group - patience with your fellow travellers is sometimes required for the benefit of everyone's travel experience. Remember too that you have responsibilities to the group. If you are requested to be at a place at a certain time, ensure that you don't keep the rest of the group waiting. We have found time and time again that the very best trips we operate are those where the dynamics within the group work well - this takes just a little effort on your part. Due to privacy reasons, we are unable to provide you with contact details and any personal information about your fellow travellers booked on your trip prior to departure.

SOLO TRAVELLERS

The beauty of our style of travel is that it caters to travellers who are travelling solo and who want to meet and share experiences with like-minded people.

On our trips rooming is organised on a twin-share basis. We pair up solo travellers with another traveller of the same gender as per the gender marker on each of their passports.

As a responsible tour operator, we strive to create a safe and inclusive environment for everyone. In the case that your gender identity differs from what is indicated on your passport, please contact us so that we can discuss rooming options with you.

We also have an optional single supplement available on most trips for travellers who prefer to have their own room. Please note that this only applies to accommodation during the tour. Pre-trip and post-trip accommodation booked through us will be on a single room basis.

On a small selection of itineraries some accommodations are booked on an open gender, multi-share basis (for example on a felucca in Egypt or an overnight train in Vietnam). In those instances it will clearly be stated in our Essential Trip Information prior to booking and travelling.

Travel insurance

Travel insurance is compulsory on all our trips for those travelling internationally. We require that at a minimum you are covered for medical expenses including emergency repatriation. If you are travelling within your home country or region please confirm before travel that you are entitled to access the public medical system easily should an accident occur. We strongly recommend all travellers have a policy that also covers personal liability, cancellation, curtailment and loss of luggage or personal effects. For international trips, you will not be permitted to join the group until evidence of travel insurance and the insurance company's 24-hour emergency contact number has been sighted by your group leader or local representative.

If you have credit card insurance your group leader or local representative will require details of the participating insurer/underwriter, the level of coverage, policy number, and emergency contact number rather than the bank's name and your credit card details. Please contact your bank for these details prior to arriving in-country.

For travellers who reside within the European Union, Switzerland or USA the requirement to purchase travel insurance cannot be compulsory. However the purchase of travel insurance is still highly recommended, and travellers from these regions who decline travel insurance when travelling outside of their home region must sign a Travel Insurance Waiver Form at the Group Meeting, recognizing personal responsibility for emergency medical and repatriation costs should they arise.

For assistance with travel insurance or other services, please visit the link below:

<https://www.intrepidtravel.com/booking-resources/our-services>

Responsible travel

Our Responsible Travel Policy outlines our commitment to preserving the environment, supporting local communities, protecting the vulnerable, and giving back to the places we travel. All our trip group leaders or local representatives, suppliers, and staff are trained on these principles and are core to us delivering sustainable, experience-rich travel.

Explore the different parts of our Responsible Travel Policy by visiting:

<https://www.intrepidtravel.com/responsible-travel>

DRESS CODE

In general, there are few dress restrictions in Europe. When visiting churches, monasteries or other religious sites modest dress is required - shorts or sleeveless tops may not be permitted, for both men and women.

The Intrepid Foundation

We created our not-for-profit, the Intrepid Foundation because you – our travellers – told us you wanted to make an even greater impact in the communities you visit.

The Foundation works by teaming up with partners around the world so that together we can deliver greater positive impact at scale. Partners are identified by our local staff who live and work in our destinations. They harness their powerful community connections to determine the issues that matter most and select local partners who can deliver real solutions.

Since 2002, the Intrepid Foundation has raised more than \$14million dollars and supported more than 160 communities worldwide. Now, with over 40 partners all over the world, your donations are helping to restore forests in Kenya, empower women in Honduras and promote elephant welfare in Laos, to name just a few.

For more information about the Intrepid Foundation, please ask your group leader or local representative or visit our website: <http://www.theintrepidfoundation.org/>